



St Saviour's

Church of England Primary School

SUMMER 1 WEEK 5

Let God transform you into a new person by changing the way that you think – Romans 12:2 NLT

Dear Parents and Carers,
This week was busy with end of key stage 2 assessments and celebrating Mental Health Awareness Week.

YEAR 6
I would like to congratulate all of our Year 6 children for their hard work this week as they sat their End of Key Stage 2 assessments. The children were so focused, applied themselves brilliantly and showed tenacity when things were challenging. We are incredibly proud of them for giving it their all!
As a celebration, they went to the park on Friday to play and enjoy spending time with their peers.

MENTAL HEALTH AWARENESS WEEK
This week, we participated in Mental Health Awareness Week. This year's theme was 'Movement: moving for your mental health' and we certainly got moving; scooting and dancing in the playground, running a mile and taking part in whole school aerobics lessons on the field!

At St Saviour's Primary School, we believe that mental health and wellbeing is the basis for a happy and successful life at school and beyond. We are excited to take part in this important week and have planned a number of activities to help teach the children about the importance of exercise and movement, not only for their bodies, but for their minds. An outline of the activities can be found on the attached poster.

ART AND POETRY COMPETITION: NO PLACE LIKE HOME
For the next two weeks, Sanctuary Foundation are giving the opportunity for children to enter a competition and be in with a chance to have their work displayed in the British Library. Winners will be invited to a live in-person prize ceremony and VIP tour of the library. All students aged 7-18 can enter. Please follow this link to find out more about the competition and how to enter: <https://sanctuaryfoundation.org.uk/art/>



As we come to the end of a busy week and week of awareness, I would like to end with a quote which reminds us to look after our whole body:
"Mental health is just as important as physical health."

Yours faithfully,
Miss Cherry

MENTAL HEALTH AWARENESS WEEK



The Sports Council led the challenge to run a mile around our school field.



Children had lots of fun taking part in Scoot Fit! Scoot Fit's aim is to get children confident and competent at scooting after a single session so children want to scoot more often!



Each morning, the children had the opportunity to move their bodies during some mini movement sessions. These sessions included aerobics, tai chi, dance and brain gym.



CALI'S HAPPY HIIT

Sundays 10.30am
 CRATE Building, 35 St James St, London E17 7FY
 no need to book
 pay what you can
 bring a mat/towel



On Friday, we had an amazing aerobics lesson led by a local fitness instructor and parent. Take a look at her leaflet, if you would like to try it out for yourself!

calissweatsquad@gmail.com
 INSTAGRAM caliberry_sweats





COLLECTIVE WORSHIP

This week was Mental Health Awareness Week so in collective worship our theme was mental health.

Mental health is about how we are feeling. We all have mental health and it's important to look after it. This means caring about our minds, our emotions and our thoughts. We discussed what we could do to look after our mental health. We learnt that one really important habit to help us improve our mental health is moving more and the theme for Mental Health Awareness Week this year is movement and moving for your mental health.

For in class collective worship we continued to discuss mental health. We wrote or drew what activity/movement we like to do for our class reflection books. We also participated in two virtual assemblies this week all about Mental Health Awareness Week.

VALUES CARD AWARDS



Well done to
Rafferty, Max M & Zakihat
who have collected 5 value cards for
consistently showing our school values. Keep
up the great work!



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STARS OF THE WEEK



Year 1
Sarib & Evie



Year 2
Yoko & Olivia



Year 3
Robyn & Amaan



Year 4
Markus & Roscoe



Year 5
Amara & Aaron



Year 6
Malaya & Daisy



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PROGRESS CUP WINNERS

A huge well done to **Rudi** and **Minel** who are this week's Progress Cup winners!



KS1
Rudi



KS2
Minel

ATTENDANCE AWARDS

Well done to

Y1 Amelia Earheart

99.57%

&

Y6 Anne Frank

100%



who have won the attendance mascots this week.



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DRAMA CLUB

Drama Club have been getting active outside this week. They have been exploring movement and how they can show emotions and feelings with their bodies!



YEAR 5 CLASS CORNER

Over the last few days in Year 5 we have been learning about biodiversity and animal classifications. This was part of a brilliant project which was setup by Ms Daly who leads Eco Council in our school.



We explored what 'biodiversity' means and why it is important to life on our planet. After that, we created our own classification charts for different types of animals. Some focused on mammals and reptiles, some were classifying amphibians and insects whilst others classified animals with/without wings.



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PARENT CALENDAR

MAY 2024

MON	TUE	WED	THU	FRI	SAT	SUN
		1  Y2 Trip to Postal Museum	2	3  Y4 MA Forest School	4	5
6 May Bank Holiday	7	8	9	10  Y5 MC Forest School	11	12
13	14	15	16  Scoot Fit	17  Y5 SH Forest School Scoot Fit	18	19
20  Mr Bean Magic Show	21	22  School Nurse Drop - 9:30am - 10:30am	23	24  Y6 Forest School Last day of Summer Term 1 3:30pm finish	25	26
27	28	29	30	31	 May Half Term - 27 May - 31 May	

JUNE 2024

MON	TUE	WED	THU	FRI	SAT	SUN
					1	2
3	4	5	6	7  Y5 MC Forest School Climbing Wall Y3- Y6	8	9
10	11	12	13	14  Y5 SH Forest School	15	16
17	18	19  School Nurse Drop - 9:30am - 10:30am	20	21  Y6 Forest School	22	23
24	25	26	27	28		



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Term Dates

2023- 2024



Autumn Term 2023

First Half (35 Days)

INSET – Monday 4th, Tuesday 5th and Wednesday 6th September 2023

Start – Thursday 7th September 2023

End – Friday 20th October 2023

Half Term: Monday 23rd October 2023- Friday 27th October 2023

Second Half (38 Days)

Start – Monday 30th October 2023

End – Wednesday 20th December 2023

Holidays: Thursday 21st December 2023 to Friday 5th January 2024

Spring Term 2024

First Half (25 Days)

INSET – Monday 8th January 2024

Start – Tuesday 9th January 2024

End - Friday 9th February 2024

Half Term: Monday 12th February 2024 – Friday 16th February 2024

Second Half (29 Days)

Start - Monday 19th February 2024

End – Thursday 28th March 2024

Holidays: Friday 29th March to Friday 12th April 2024

Summer Term 2024

First Half (29 Days)

Start – Monday 15th April 2024

End - Friday 24th May 2024

Half Term: Monday 27th May 2024 - Friday 31st May 2024

Holidays May Day Bank Holiday: Monday 6th May 2024

Spring Bank Holiday: Monday 27th May 2024 (during Half Term)

Second Half (38 Days)

Start - Monday 3rd June 2024

End – Wednesday 24th July 2024

This calendar gives a total of 194 (190 pupil days plus 4 inset days – Staff to work twilight sessions to make up 1 inset day).